



Ayde Mendibles, Director of Spa Operations
Body Del Sol Medical Spa

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Ayde Mendibles created the concept of becoming the 1st “green” spa in the Central Valley. Ayde has a bachelor’s and a master’s degree from University of Phoenix, completed the Spa Management program from UC Irvine, is a Licensed Esthetician and has continued her education in the Medical Field. With the theory of providing serious skin care and anti-aging solutions to clients in mind, Ayde explored day spas and medical spas in the Bay Area, Central Valley, Los Angeles, Las Vegas, Arizona, Hawaii and Mexico to derive the best of the best and bring it to Body del Sol. Extensive research in services, techniques and ingredients brings nature and science together to provide the most advanced results in rejuvenation in a sustainable and luxurious environment.

Ayde and her daughter Veronica would spend one day out of every month getting their nails done, hair trimmed and facials. They had to frequent different establishments because the best service providers

were not all under one roof. At times it would turn into an all-day event, especially if scheduling problems arose. The staff at Body del Sol are hand-picked—truly master’s of their craft. You can get everything from eyelash extensions, spray tanning, airbrush make-up, chemical peels, medical grade microdermabrasions, facials, sports massages, steam showers, tub soaks, hair removal, injectables, fillers, and hair and nail services. Gentlemen and women will enjoy the pampering and results Body del Sol has to offer. They also specialize in Bridal & Botox Parties, Prom & Couples Packages and they are the first spa to offer a Spa Stimulus Rewards Card that allows you to accumulate points for every dollar spent, and double points for referrals.

Body del Sol’s Official grand opening is Friday April 16th from 6 p.m. to 8 p.m. Come meet Ayde and her staff and experience the difference of “Where Medicine Meets Luxury”.